



# Chicken and Chickpea Salad with Fresh Basil Dressing

by Koula Barydakis

## Ingredients

- 1 pound poached chicken breast, cubed
- 1-28 ounce can garbanzo beans, drained and rinsed
- 10 walnuts, halved
- 10 cherry tomatoes
- 10 black olives, pitted
- 6 sundried tomatoes, chopped
- 1 head romaine lettuce, chopped

## Dressing Ingredients

- 1 cup extra virgin olive oil
- 3 garlic cloves, mashed
- 1 bunch fresh basil, chopped
- 2 tablespoons mustard
- Salt and pepper (to taste)

## Directions

1. Combine all ingredients for dressing in a bowl. Mix well.
2. Add all salad ingredients in another bowl. Add preferred amount of dressing. Mix well and serve.