



## In Control- Onsite- Driver Training

LIMITED to 3 PARTICIPANTS PER MUNICIPALITY

Wednesday, May 20, 2026

8:00 am- 4:00 pm

215 Patriot Pkwy, Weymouth, MA 02190  
(Formerly South Weymouth Naval Facility)

[Directions to facility](#)

[Register here](#)

April 2, 2026

**Please consider sending any driver in any municipal department including police and fire who has had an at-fault accident.**

### Course Synopsis

This course consists of a closed course, hands-on crash prevention training, supplemented by classroom discussion. The training addresses the driving issues that most affect the safety of drivers while on the road. The inclusion of skills was developed after examining insurance and police data to find the most dangerous activities and assessing the biggest needs. All training is performed in our vehicles, and each hands-on drill is taught in the car one-on-one with one of In Control's highly qualified instructors.

### Reward Credits:

This training qualifies the MIIA member for 1% MIIA Rewards credit under the Auto Liability Category

### Accommodations:

Please contact Mary Ann Marino at 781-223-1870 at least 48 hours in advance.

**About In Control:** In Control Crash Prevention, is a 501(c)(3) non-profit organization that offers closed-course, hands-on driving education designed for commercial businesses and everyday drivers of all ages. We work to elevate driving skills and knowledge through first-hand experience in emergency situations. In Control's unique Crash Prevention Training allows us to create safer drivers for safer roads

## AGENDA

### **Arrive at Site / Check-In** **Arrive early so you don't get locked out from the airfield**

#### **Introduction/Orientation**

#### **ABS – Panic Stop**

Learn what ABS means and does. Feel how it works when you accelerate to highway speed & then slam on the brakes. Learn how braking with a non-ABS-equipped car differs.

#### **Slalom Course**

Practice proper hand position while steering through a series of cones at slow speeds, and then gradually accelerate so that you can appreciate the difficulty of controlling your vehicle (even at relatively slow speeds).

#### **Tailgating**

How close is too close when following another vehicle. Get the opportunity to follow our lead car, deal with distractions and try to react quickly enough to avoid a fender bender, ambulance ride, or trip in a hearse!

#### **Backing Up**

Far fewer deaths occur in these accidents, but backing up crashes are responsible for millions of dollars in property damage every day. Learn what you can do to avoid these costly mistakes.

#### **Emergency Lane Change**

Take everything you've learned today and put it together to learn how to control your vehicle when it counts.

#### **Close Quarters Maneuvering**

Emphasis on operating in a confined space, utilizing vehicle mirrors, surrounding reference points, vehicle pivot points, and understanding vehicle size and limitations.

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#### **Hands-on training includes:**

- Proper hands and seating
- Emergency braking skills (ABS)
- Backing up skills and awareness
- Advanced steering skills, including over, understeering & speed control
- Following distance/tailgating
- Anti-cell / text messaging/distraction experience
- Emergency avoidance measures

#### **Classroom experience includes:**

- Situational awareness and driving distractions (including cell/texting) Airbag awareness
- Understanding road-rage
- Vehicle assessment
- Other topics tailored to driver needs



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