



Workplace Safety



ON-SITE 2 Day TRAINING OSHA 10 Construction

This two-day training meets the requirements of OSHA's Outreach program. Upon successful completion of this course an OSHA 10-hour Construction certificate and card will be provided. The course provides basic hazard identification and controls for the construction industry. Topics include OSHA and DLS; safety and health programs; health hazards; personal protective equipment; fall prevention and protection; ladders; electrical; struck-by and caught in-between; and excavations.

Reward Credits: Participation in this training qualifies the MIIA member for 1% Rewards credit under the Workers Compensation Category.

Accommodations: Please contact Lauren Stratton at 423-302-7787 at least 48 hours in advance.



DATE

January 15th, 2026
8:00 AM- 2:30 PM
Registration/Breakfast 7:30 am
Lunch included each day

LOCATION

Plainville Public Safety Building
194 South Street, Plainville, MA
02762

REGISTER HERE



PRESENTERS

Thomas Estabrook & Frederick W. Malaby

Tom is the Project Director and Co-Principal at The New England Consortium (TNEC). He is also an Adjunct Professor in the Department of Public Health at University of Massachusetts Lowell.

Fred is a trainer with TNEC and has worked as an industrial hygienist at OSHA for 39 years, with 28 of those years working in the Boston Regional Offices as a senior industrial hygienist.

Disclaimer: The material contained herein is intended for general informational purposes only. It is not intended as legal advice and should not be construed as such. Any inquiries concerning Massachusetts law should be directed to a city solicitor, town counsel or other licensed attorney.

