

# MIIA EAP Professional Development Training



**Date:**

June 24, 2021

**Time:**

2:00-3:00pm

**Presenter:**

Steven Bernstein, LMHC, CEAP

**To Register, click on below link:**

<https://attendee.gotowebinar.com/register/8266334441515116045>

## Enhancing Resilience: How the EAP Can Help

We live in a world that requires increasing reserves of flexibility and adaptability. Municipalities face the same challenges, whether it is responding to a crisis or managing change and uncertainty. This session explores the meaning of resilience, how we develop it in ourselves and foster it in others. We will look at how the MIIA Employee Assistance Program (EAP) can be a key resource in this process through its various employee and manager tools. Discover how the EAP can help your municipality leverage its unique skills, strength, and wisdom.

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