# **TECHNICAL TRAINING**



## **COMPETENT PERSON TRAINING: EXCAVATION AND TRENCHING**

Thursday, September 26, 2019 Duxbury Police Department 155 Mayflower Street, Duxbury, MA 02332 8:00 a.m. 3:00 p.m. Registration/Continental Breakfast : 7:30 a.m. Lunch Provided

#### **COURSE DESCRIPTION**



OSHA requires a competent person to perform soil analyses and determine the protective system to be used in excavations. Daily inspections are also required. Inspection personnel must be trained in the OSHA regulations. This seminar will present key trenching/excavation topics: soil analysis, protective systems (sloping, shoring, shielding), hazardous atmospheres, excavation site safety and hazard recognition.

Target audience: Working Foremen and **Equipment operators** 

## Agenda

## 8:00-9:00 AM

- Definitions
- Surface Encumbrances
- Underground Installations
- Access & Egress
- Exposure to Falling Loads
- Warning System for Mobile Equipment

#### 9:00-9:15 AM- Break

#### 9:15-10:00 AM

- Hazardous Atmospheres
- Protection from Hazards Associated With Water Accumulation
- Stability of Adjacent Structures
- Protection of Employees from Loose Rock or Soil Inspections
- Fall Protection

#### 10:00-10:15 AM- Break

#### 10:15-11:30 AM

- · Requirements for Protective Systems
- Protection of Employees in Excavations
- Design of Sloping & Benching Systems
  Design of Support Systems, Shelf Systems & Other Protective Systems
  Materials & Equipment
  Installation & Removal of Support Systems

## 11:30-12:30 PM Lunch

#### 12:30-1:30 PM

- Sloping & Benching Systems
- Shield Systems

#### 1:30-1:45 PM-Break

# **Rewards**

### PRESENTER

**New England Water Works** Association



#### TRAINER

David Boone has been a member of the New England Water Works Association (NEWWA) faculty for the past five years and also serves on the University of Texas, Arlington Faculty. He has extensive experience in all facets of safety and heavy equipment operator training and is a veteran of the U.S. Navy Seabees.

David holds a wide range of professional licenses and certifications including OSHA Safety, Health, and Environmental Professional (SHEP). He also has extensive experience in training public sector professionals and extensive work experience in the construction industry.

Ted Kenney, Education Advisor/Special Projects Manager, will also assist in the training.

# 1:45-3:00 PM

- Appendix A- Soil Classification
   Appendix B-Sloping & Benching
   Appendix C- Timber Shoring For Trenches
   Appendix D- Aluminum Hydraulic Shoring For Trenches
   Appendix E-Alternatives to Timber Shoring
   Appendix F- Selection of Protective Systems
   Polices & Procedures

- Summary/Question & Answer Written Assessment Course Evaluation/Adjourn

Attendance at this seminar qualifies the MIIA member for 1% credit under the FY20 MIIA Rewards Workers' Compensation category.