



Confined Space Awareness- 2- Day Training

Tuesday, October 17th & Wednesday October 18

2- Day Training

Wilbraham Police Department

2780 Boston Road

Wilbraham, MA 01095

8:00 a.m.- 3:00 p.m. (daily)

Registration 7:30 a.m.

Light breakfast and lunch will be provided daily

An average of 100 confined space related deaths occur each year in United States workplaces.

- Do you know what a confined space is?
- Have you identified all the confined spaces in your workplaces?
- Do you have any permit-required confined spaces?
- What are the potential atmospheric hazards of your confined spaces? Physical hazards?
- Do your workers have confined space training? Is it understood? Documented?
- Will "911" provide a confined space rescue for you?



These questions will be answered for you in this interactive confined space training. We will discuss your confined space program and practices and provide case studies to apply what you have learned.

TOPICS OF DISCUSSION

CONFINED SPACES- DAY ONE	CONFINED SPACES- DAY TWO
Background and Statistics	Entry Options for Confined Spaces
Managing Your Safety and Health	Confined Space Program
OSHA Regulations and DLS Enforcement	Your"6 P's"
Confined Space Regulations	Permit System
Definitions	Training Requirements- 3 Positions
Roles and Responsibilities	Emergency Planning Options for Rescue
Your Confined Spaces	Putting it All Together
Permit Space Evaluation	Case Studies
Activities	Knowledge Check
Questions and Answers	Questions and Answers

Participation at this seminar qualifies the member for 1% MIIA Rewards credit under the Workers Compensation category.

ABOUT THE PRESENTER: KIMLEE LINDGREN



KimLee has enjoyed the safety and health profession for over 41 years. She currently works for the Massachusetts Municipal Association (MMA) as the MIIA Senior Risk Management Trainer. Prior to this position, she served as the Site Safety Officer for the South Coast Rail Project for the MBTA. And prior to that, she served as the Deputy Director for Occupational Health and Safety for the MBTA.

For 31 years, she has developed curriculum and conducting training nationwide for the OSHA Training Institute Education Centers. Her expertise is in construction and maritime with previous employment with general contractors, specialty contractors, general industry, insurance companies and trade associations. Kim is also a former compliance officer for Cal/OSHA. She is a Professional Member of the American Society of Safety Professionals (ASSP), past president of the San Diego Chapter and 2018 recipient of the ASSP Construction Safety Professional of the Year award.

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