

**Date:** August 29, 2019

**Time:** 10:30 – 12:00pm

**Presenter:** Daphney Valcinor, MHC, MFT

**Location:** East Wing Conference Room 3195 Main Street, Rte. 6A Barnstable, MA

## Contact:

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## MIIA Professional Development Training

Dealing with Difficult People: Enhancing Your Interpersonal Skills

From time to time, we all have to deal with people and situations that we find challenging. What we want to say and what we should say are often two very different things. The challenge is to control our own response and utilize strategies that help defuse and resolve the situation. Participants in this seminar will learn and practice specific techniques for dealing with difficult people and situations.

> Presented by your Employee Assistance Program, offered through AllOne Health

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