

Date: Wednesday, June 19th, 2019

Time: 10:30am - 12:00pm

Presenter: Lisa Maloney, Health Promotion Training Specialist

Location: 126 Main Street Ware, MA

Contact: Stuart Beckley (413)967-9648 sbeckley@townofware.com

To Register: Go to <u>www.emiia.org</u> and click on "Training Calendar"

MIIA Professional Development Training

Dealing with Difficult People: Enhancing Your Interpersonal Skills

From time to time, we all have to deal with people and situations that we find challenging. What we want to say and what we should say are often two very different things. The challenge is to control our own response and utilize strategies that help defuse and resolve the situation. Participants in this seminar will learn and practice specific techniques for dealing with difficult people and situations.

> Presented by your Employee Assistance Program, offered through AllOne Health

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