

## RISK MANAGEMENT TRAINING



### Excavation and Trench Safety Awareness – Your Responsibilities Under the Law!

Wednesday, October 11, 2023  
8:00 a.m.- 3:00 p.m.  
West Springfield Public Library  
200 Park Street  
West Springfield, MA 01089

Register [here](#)  
Light breakfast and lunch will be provided

Excavation cave-in and trench collapse pose the greatest risk to workers' lives. Are you doing enough to protect your workers and the public in and around excavations? This training will cover the applicable regulations and standards, as well the roles and responsibilities of your town, city, municipality, and all personnel with respect to safe excavation work.

## AGENDA

### TOPICS of DISCUSSION

- Background and Statistics

### Applicable Standards and Regulations

- Your Responsibilities
- Definitions and Terminology
- The Competent Person
- Excavation Hazards
- Soil Classification
- Protective Systems
- Inspections and Corrective Actions
- Emergency Planning
- Case Studies
- Q and A



Can you identify at least 10 violations in this picture?

Participation at this seminar qualifies the member for 1% MIIA Rewards credit under the Workers Compensation category.

### ABOUT THE PRESENTER: KIMLEE LINDGREN



KimLee has enjoyed the safety and health profession for over 41 years. She currently works for the Massachusetts Municipal Association (MMA) as the MIIA Senior Risk Management Trainer. Prior to this position, she served as the Site Safety Officer for the South Coast Rail Project for the MBTA. And prior to that, she served as the Deputy Director for Occupational Health and Safety for the MBTA.

For 31 years, she has developed curriculum and conducting training nationwide for the OSHA Training Institute Education Centers. Her expertise is in construction and maritime with previous employment with general contractors, specialty contractors, general industry, insurance companies and trade associations. Kim is also a former compliance officer for Cal/OSHA. She is a Professional Member of the American Society of Safety Professionals (ASSP), past president of the San Diego Chapter and 2018 recipient of the ASSP Construction Safety Professional of the Year award.