

**Date:**

January 16, 2020

Time:

2:00 - 3:00 pm

Presenters:

Lisa Maloney, Health Promotion
Training Specialist

Registration Link:

<https://attendee.gotowebinar.com/register/2726692481350405891>

MIIA Professional Development Training

The Healthy Employee, The Healthy Employer

We all know just how important health is, but how often do we consider its role in the workplace? This webinar puts front and center the value of employee well-being — physical, emotional, psychological, and social. It considers how our own daily attitudes at work either enhance or diminish productivity. We'll also explore how individual municipalities have successfully brought health and well-being into their work-site. Employers play a key role in fostering a culture of wellness from which employees' benefit. Join us as we look at how to create this win-win relationship.

Presented by your Employee
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