



MIIA Professional Development Training

The Healthy Employee, The Healthy Employer

Date:

January 16, 2020

Time:

2:00 - 3:00 pm

Presenters:

Lisa Maloney, Health Promotion
Training Specialist

Registration Link:

<https://attendee.gotowebinar.com/register/2726692481350405891>

We all know just how important health is, but how often do we consider its role in the workplace? This webinar puts front and center the value of employee well-being — physical, emotional, psychological, and social. It considers how our own daily attitudes at work either enhance or diminish productivity. We'll also explore how individual municipalities have successfully brought health and well-being into their work-site. Employers play a key role in fostering a culture of wellness from which employees' benefit. Join us as we look at how to create this win-win relationship.

Presented by your Employee
Assistance Program, offered
through AllOne Health

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