## **MIIA EAP Professional Development Training**



#### Date:

Tuesday, February 15, 2022

#### Time:

2:00 - 3:00pm

#### **Presenters:**

Lisa Maloney, M.A., MHC

### To Register, click on below link:

https://attendee.gotowebinar.com/register/2195145695915806224

# Return to Office: Where are We Now

Our semi-post-pandemic return to work evokes all kinds of concerns and curiosities - administrative, operational, and human resourcerelated. At the epicenter is the question of our well-being and that of our workplace community. There's obviously the physical health part of that, but there's also the psychological part, how we treat ourselves and others. That's the people side of things. How do we summon the best in ourselves in the face of various unknowns and challenges? This session will offer strategies to assist with our reintegration back into the workplace.





Presented by your Employee Assistance Program AllOne Health 1.800.451.1834