## **MIIA EAP Professional Development Training**



#### Date:

Wednesday, January 31, 2024

#### Time:

10:00-11:00am

#### **Presenter:**

William Brown, LICSW, M.ED, CEAP

### To Register, click on below link:

https://attendee.gotowebinar.com/register/6900117597804705878

# Creating a Culture of Caring and Community in the Workplace

How we feel at work, and about work, has a lot to do with organizational culture. Research says that our real workplace currency today is relationships. How colleagues interact with one another impacts retention, team chemistry, productivity, and morale. The difference between a psychologically healthy and unhealthy workplace is palpable. This seminar builds upon the respectful workplace and explores strategies that everyone can put into practice: defining core values, fostering connection, leading with empathy, and promoting work life balance. Feeling our best at work allows us to do our best.





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