

MIIA EAP Professional Development Training



Date:

Wednesday, July 19, 2023

Time:

1:00 - 2:00pm

Presenter:

Steven Bernstein, LMHC, CEAP

To Register, click on below link:

<https://attendee.gotowebinar.com/register/157321854560269404>

Mental Health, Busting the Myths

While the treatment of mental health conditions has advanced greatly in recent years, society's understanding hasn't caught up. Even though mental illness is common and treatable, stigmas and misconceptions often prevent those affected from seeking necessary help. We'll explore the realities and common myths surrounding mental illness.

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