

MIIA EAP Professional Development Training



Date:

Tuesday, August 9, 2022

Time:

2:00-3:00pm

Presenter:

Steven Bernstein, LMHC, CEAP

To Register, click on below link:

<https://attendee.gotowebinar.com/register/8638633479381013264>

Psychological First Aid for Managers & Supervisors

It is common knowledge among leaders that knowing your employees is a good idea. In today's world, where mental health issues have become increasingly pervasive, this best practice is doubly important. What are the signs of mental health issues or distress? How does a manager approach an employee who is struggling? This session looks at several psychological disorders and their associated symptoms, and the key role managers play in pointing employees to the right resources for the benefit of all.



Presented by your Employee Assistance Program AllOne Health **1.800.451.1834**