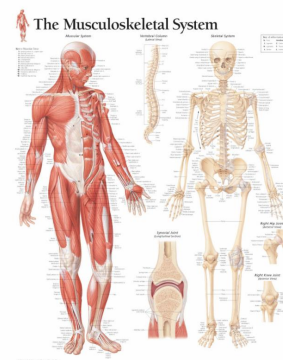




Occupational Health 101 Preventing Musculo-Skeletal Injuries

Wednesday, March 2, 2016
10 a.m.- 12:00 noon
Cabot Risk Strategies
15 Cabot Road
Woburn, MA 01801
Presented by Quadrant Strategies, Inc.



This workshop presents an overview of the importance of establishing a working relationship with an occupational health provider for the purposes of Pre-employment Physical Exams, Substance Abuse Testing, Treatment of Work-related injuries/illnesses, and Return-to-Work. Two key areas of occupational medicine will be addressed:

1) Musculo-skeletal Injury Prevention: Musculo-skeletal injury prevention is key in the mitigation of municipal workers' compensation exposure and in the reduction of Workers' Compensation losses. We will discuss ergonomic principles to recognize, evaluate and control workplace conditions, as well as non-work-related conditions that cause or contribute to musculo-skeletal and nerve disorders. This segment is presented by Mary Riley, PT, VP of Client Services for Quadrant Health Strategies, Inc.

2) Dealing with challenging workplace behavior: Having a healthy workplace environment is another key component of occupational medicine. This segment includes how to address safety, how to minimize conflict & how to deal with difficult

TRAINERS

Mary Riley PT, VP of Client Services, National Ergonomics Director for Quadrant Health Strategies, Inc. With over 30 years of clinical experience in Ergonomics, Occupational Health and Injury Prevention, Ms. Riley leads Quadrant's Client Services Team consulting with organizations in every industrial sector. A licensed physical therapist, her consultation specialties include Injury Prevention Programs (ergonomic training, worksite job analysis, functional job descriptions) and Treatment Services (workstation assessments, work conditioning, work hardening).

people. So, Quadrant will present one of their most popular trainings: Dealing with Difficult People. Dr. David Frances, Quadrant's VP of Training & Development, has presented this fast-paced, humorous program to hundreds of audiences nationwide.

Who Should Attend: Health and Safety personnel or other designees who will have a key role in the development and administration of a Return to Work program. Attendance at this seminar qualifies the MIIA member for 1% credit under the FY16 MIIA Rewards Workers' Compensation category.

David Frances, Ph.D. Quadrant Health Strategies, Inc. Vice President, Training and Development David Frances, specializes in management training, organizational development and executive coaching. Dr. Frances has worked with some of the country's best-known organizations, including the NFL, Fidelity Investments, W.R. Grace, Pfizer, and the Boston Symphony. Following the publication of his 2010 book, *This Is a Safety Moment®*, Dr. Frances has trained thousands of employees, globally, to give feedback to coworkers behaving unsafely.

