



OSHA 10 Hr. Construction Safety & Health 2- Day Training (onsite)

Registration for day 1 of this training registers you for both days

**Wednesday, November 9, 2022
8:00 a.m. - 3:00 p.m.**

and

**Thursday, November 10, 2022
8:00 a.m. - 12:30 p.m.**

**Great Barrington Fire Station
37 State Road
Great Barrington, MA 01230**

Register [here](#)

Registration for day 1 of this training automatically registers you for day 2

You must participate in both days of this 2 day series to receive an OSHA card

Agenda

DAY ONE - TUESDAY NOVEMBER 9

- 8:00 am- 9:00 am - Intro to OSHA (1 hour)
- 9:00 - 9:10 (Break)
- **Focus 4 Hazards:**
 - Falls- protection and regulations - slips, trips and falls hazard protection
 - (Break)
 - Electrocution- Electrical Safety - LOTO and site work hazards
 - (Lunch)
 - Struck by- (falling objects, trucks and cranes safety)
 - Caught-in between (trench and excavation hazards, safety regulations, requirements)
 - (Break)
 - Personal Protective and Life-saving equipment PPE

DAY TWO - WEDNESDAY NOVEMBER 10

- Health Hazards in Construction- Haz Com
- Stairways and Ladders Construction OSHA standard
- (Break)
- Tools- Hand and Power
- Confined Space
- (Break)
- Material Handling, Storage and Disposal
- Cranes, Derricks, Slings and other safety regulations

Presentations will include interactive discussions- questions and answers, videos and powerpoint presentations.

Participation in both days of training will qualify the MIIA member for 1% under the Workers Compensation Category of the MIIA Rewards Program

Instructor:

Richard Afrikian, MIIA Member Services Risk Manager is an authorized OSHA 10/30 Instructor for Construction and General Industry. HE has worked as a Risk Control Consultant for over 30 years including the last 7 for MIIA with our members to assist them with safety and best practices.

He has worked with both private and public entities nationally conducting onsite audits for OSHA compliance (Construction and General Industry) and Best practices-general safety in different industries including public entities such as cities, towns and airports. He has a passion for safety and in helping our members maintain good safety practices in all ways.



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