



## OSHA 10-Hour General Industry Awareness Training (zoom format)

Two-day 10-hour video conferencing training program

Thursday October 7th (Day one)

& Thursday October 14th (Day two)

8:00 a.m.- 1:00 p.m. (daily)

Presented by North American Training Solutions Inc. (NATS)

Register [here](#)

**Registration for day 1 automatically registers you for day 2**

### OSHA Requirements for Participation

- You must be present, visible, and participating, focused on the class for a minimum of 10.0 hours, not including breaks or meals. The instructor is required to sign a sworn affidavit regarding your attendance, so attendance may be taken randomly during the course.
- No multi-tasking. No watching movies in the background. No handling emails or web surfing on a separate screen.
- Don't be in front of a window where we can only see your shadow.
- Dress as if you were attending the class in person.

Our OSHA 10-Hour General Industry course is a two-day, 10-hour LIVE video conferencing training program. Specifically geared toward, **the course provides “awareness level” training** and is intended to increase awareness of certain factors that contribute to safety risks and injuries among industry personnel. A focus on general industry safety and health hazards a worker may encounter on a worksite are also discussed, as is an emphasis on hazard identification, avoidance, control, and prevention. Additionally, the course provides information on employee rights, employer responsibilities, and how to file a complaint.

### Topics covered in this course

- Introduction to OSHA (1 hour) • Walking and Working Surfaces (1 hour)
- Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection (1 hour)
- Electrical Safety (1 hour)
- Personal Protective Equipment (1 hour)
- Hazard Communication (1 hour)
- Bloodborne Pathogens (1 hour)
- Ergonomics (1 hour) • Safety and Health Program (1 hour)
- Fall Protection (1 hour)

### Applicable Standards

This course meets the requirements as specified by OSHA Directorate of Training and Education (DTE) 2019

## Who Should Attend?

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Safety Officers, Town Managers, and Department Heads or individuals designated with the responsibility to develop and maintain a safety and health program or system.

## NATS Master Instructors

NATS Master Instructors are Industry-Leading Subject Matter Experts (SME's) in their field and are OSHA-Authorized Trainers. All NATS Master Instructors are required to deliver 40-50 days of hands-on training annually as well as maintain proficiency in the subject matter in which they teach. Master Instructors must be qualified in multiple disciplines and also have proficiency in a unique area of expertise. To find out more about NATS' Instructor Development Program, or about NATS Instructors, please visit [www.natstraining.com](http://www.natstraining.com).

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**Recipients will receive an OSHA 10-Hour card recognized by OSHA and the US Department of Labor (<https://www.osha.gov/training/outreach/card-hierarchy>), along with a NATS-issued Certificate of Completion.**

**Participation in both days of this training qualifies the MIIA member for 1% Rewards Credit under the Workers Compensation category or General Liability (if no MIIA WC coverage)**



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