



OSHA 10-Hour General Industry Awareness Training (zoom format)

Two-day 10-hour video conferencing training program

Wednesday and Thursday

June 9th & 10th

8:00 a.m.- 1:00 p.m. (daily)

Presented by North American Training Solutions Inc. (NATS)

OSHA Requirements for Participation

- You must be present, visible, and participating, focused on the class for a minimum of 10.0 hours, not including breaks or meals. The instructor is required to sign a sworn affidavit regarding your attendance, so attendance may be taken randomly during the course.
- No multi-tasking. No watching movies in the background. No handling emails or web surfing on a separate screen.
- Don't be in front of a window where we can only see your shadow.
- Dress as if you were attending the class in person.

Our OSHA 10-Hour General Industry course is a two-day, 10-hour LIVE video conferencing training program. Specifically geared toward, **the course provides “awareness level” training** and is intended to increase awareness of certain factors that contribute to safety risks and injuries among industry personnel. A focus on general industry safety and health hazards a worker may encounter on a worksite are also discussed, as is an emphasis on hazard identification, avoidance, control, and prevention. Additionally, the course provides information on employee rights, employer responsibilities, and how to file a complaint.

Topics covered in this course

- Introduction to OSHA (1 hour) • Walking and Working Surfaces (1 hour)
- Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection (1 hour)
- Electrical Safety (1 hour)
- Personal Protective Equipment (1 hour)
- Hazard Communication (1 hour)
- Bloodborne Pathogens (1 hour)
- Ergonomics (1 hour) • Safety and Health Program (1 hour)
- Fall Protection (1 hour)

Applicable Standards

This course meets the requirements as specified by OSHA Directorate of Training and Education (DTE) 2019 as well as ANSI / ASSE Z490.1 Criteria for Accepted Practices in Safety, Health, and Environmental Training.

Who Should Attend?

Safety Officers, Town Managers, and Department Heads or individuals designated with the responsibility to develop and maintain a safety and health program or system.

NATS Master Instructors

NATS Master Instructors are Industry-Leading Subject Matter Experts (SME's) in their field and are OSHA-Authorized Trainers. All NATS Master Instructors are required to deliver 40-50 days of hands-on training annually as well as maintain proficiency in the subject matter in which they teach. Master Instructors must be qualified in multiple disciplines and also have proficiency in a unique area of expertise. To find out more about NATS' Instructor Development Program, or about NATS Instructors, please visit www.natstraining.com.

Recipients will receive an OSHA 10-Hour card recognized by OSHA and the US Department of Labor (<https://www.osha.gov/training/outreach/card-hierarchy>), along with a NATS-issued Certificate of Completion.



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