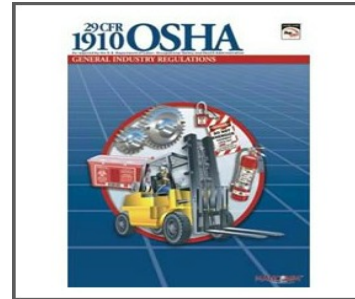


MIIA | MASSACHUSETTS
BASED
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MIIA 
Rewards
Your Prevention & Protection Partner



OSHA 10 TRAINING

Tuesday, April 17, and Wednesday, April 18, 2018
535 Bliss Road, Longmeadow, MA
8:00 a.m. to 3:00 p.m.
(Registration/Continental Breakfast 7:45 a.m.)
light lunch included

10 TCH

**Debra Williams M.S. - Risk
Manager with MIIA
Member Service, OSHA
Outreach Trainer**

The OSHA 10 General Industry class is an "awareness" class not a detailed, exhaustive review of OSHA regulations. Participants will engage in small group activities and discussion as well as a review of photos and videos. This 10-hour training will provide a general overview of OSHA.



OSHA 10 HOUR GENERAL
INDUSTRY COURSE
AGENDA
TRAINING PROVIDED FOR:
Western Mass Regional
Municipality Maintenance
Staff

DATES:
April 17-18, 2018
LOCATION: 535 Bliss Rd
Longmeadow MA

OUTREACH
INSTRUCTOR:
Debra Williams

DAY 1 (8:00 am - 3:00 pm)

TIME	TOPIC
	Introductions and Housekeeping
8:30 - 9:30	Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection

9:30 - Break
 9:40
 9:40 - Introduction to Osha
 10:40
 10:40 - Walking and Working Surfaces, including Fall
 11:40 Protection
 11:40 - Lunch
 12:20
 12:20 - Fall Protection
 1:20
 1:20 - Break
 1:30
 1:30 - Personal Protective Equipment (PPE)
 2:30
 2:30 - Run over/planning for next day
 3:00

DAY 2 (8:00 am - 3:00 pm)

TIME	TOPIC	TOTAL TIME
	Morning Housekeeping	
8:30 - 9:30	Safety and Health Programs	1 Hour
9:30 - 9:40	Break	10 Minutes
9:40 - 10:40	Hazard Communication	1 Hour
10:40- 11:40	Electrical	
11:40 - 12:20	Lunch	40 Minutes
12:20 - 1:20	Blood Borne Pathogens	1 Hour
1:20 - 1:30	Break	10 Minutes
1:30 - 2:30	Materials Handling	1 hour
2:30 - 3:00	Questions & Wrap-up	30 Minutes

Attendance at this seminar qualifies the MIIA member for 2% credit under the FY18 MIIA Rewards Workers' Compensation category.