









OSHA 10 - TWO DAY TRAINING

The New England Consortium

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June 7th & 8th
Tuesday and Wednesday
8:00 a.m. to 3:00 p.m.
Reading Municipal Light Dept
(Conference Room)
230 Ash St., Reading MA 01867

(Registration/coffee and pastries 7:45 a.m. light lunch included 10 TCH



RESOURCES THE NEW ENGLAND

CONSORTIUM

PRESENTERS

Bridget McGuiness previously worked for EPA as an environmental engineer and has a BS in civil

engineering and numerous



The New England
Consortium has
partnered with MIIA to
lead this comprehensive
10-hour training, which
emphasizes hazard
identification, avoidance,
control and prevention in
the construction industry.
Training is based on
various topics in OSHA's
Construction Industry
Regulations.

The OSHA 10 Construction class is an "awareness" class not a detailed, exhaustive review of OSHA regulations. Participants will engage in small group activities and discussion as well as a review of photos and videos. This 10-hour training will provide a general overview of OSHA and include the following topics:

- · Value of Safety and Health
- OSHA Act, General Duty Clause, Employer and Employee Rights and Responsibilities, Whistleblower Rights and Recordkeeping Basics.
- · Inspections, Citations and Penalties
- General Safety and Health provisions

The remaining training will address the OSHA Focus Four Hazards including:

- · Fall Protection
- · Electrical
- Struck by (e.g., falling objects, trucks, cranes)
- · Caught in/between (e.g., trench hazards, equipment).

Also included will be:

personal protective and lifesaving equipment, health hazards in construction, hand and power tools, stairways and ladders, scaffolds, aerial lifts, material handling, storage use and disposal, confined space, work zone safety, respiratory protection, trenching and lock-out-tagout.

Attendance at this seminar qualifies the MIIA member for 2% credit under the FY16 MIIA Rewards Workers' Compensation category.

Massachusetts licenses and certifications

Tom Estabrook worked for 20 years with labor, environmental and health organizations as an advocate for worker health and safety in MA and Louisiana. He also worked in the labor and residential construction industry and is a local union leader in MA teachers association. Mr. Estabook has a PHD in Health and safety education with the New England Consortium as well as degrees in environmental science and geography.

