



MIIA Professional Development Training

Psychological First Aid For Managers

Date:

February 18, 2020

Time:

2:00 - 3:00 pm

Presenters:

Steven Bernstein, LMHC, CEAP

Registration Link:

<https://attendee.gotowebinar.com/register/8462105771643959043>

It's no secret that mental health has become a significant issue today. It's also no secret that employees are people and may bring personal problems to work with them. But, as a manager, how do you know when to be concerned about an employee's behavior and whether to intervene. This session explores how to identify mental health warning signs in the workplace and effectively address an employee in distress. Join us as we begin to break down the mental health stigma and implement strategies for navigating these concerns in the workplace.

Presented by your Employee Assistance Program, offered through AllOne Health

1.800.451.1834