

# SAVE TIME AND MONEY WITH AN EXPERT SECOND OPINION



2nd.MD gives you access to video second opinions from top specialists, as part of your benefits. If you're feeling unsure about a diagnosis or current treatment plan, getting a second opinion can help ensure you're getting the best care—and avoid unnecessary costs along the way.

## How it works

**1 ACTIVATE YOUR ACCOUNT  
AND REQUEST A CONSULT**

Call **1.866.841.2575**  
Visit **2nd.MD/activate**



Scan to get  
started

**2 SPEAK WITH A NURSE**

Talk to one of our experienced, compassionate nurses to see if a second opinion is right for you. We'll handle the rest, including gathering your medical records, finding the right specialist and setting up the video consultation.

**3 CONSULT WITH A LEADING SPECIALIST**

Get personalized advice about your diagnosis and treatment plan from a specialist in your condition. Video consultations are available when it's convenient for you, including nights and weekends!

**2nd.MD services are confidential and NO  
ADDITIONAL COST to you and eligible family  
members as part of your benefits.**

CALL 911 IMMEDIATELY IF YOU ARE HAVING A MEDICAL EMERGENCY. 2nd.MD is not an emergency service. 2nd.MD is an independent resource to support you in receiving information from Expert Medical Specialists. 2nd.MD does not practice medicine or provide patient care and is independent from the Specialists providing the expert medical consultations.

\*2nd.MD's book of business statistics 2022

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## Our specialists can help you:

- ✓ Confirm a new or existing diagnosis
- ✓ Explore other treatment plans and medications
- ✓ Understand if a recommended surgery is right for you

## We have a wide network of expert doctors across hundreds of subspecialties and thousands of conditions, including:

- Musculoskeletal/  
orthopedic
- Digestive/  
gastrointestinal
- Cardiac
- Cancer
- Immunology
- Nervous system
- Ears, nose and throat
- Heart disease
- Diabetes
- Dermatology
- Behavioral health
- Dental
- Women's health
- Men's health
- Pediatrics
- And more

# 87%

of consultations with  
2nd.MD lead to an  
improved treatment plan.\*