WELL AWARE



Authentic Greek Salad

by George Zikos

Ingredients

3 medium tomatoes, quartered

1 large cucumber, peeled and sliced

1/4 red onion, cut into thin strips

1/4 red bell pepper, cut into thin strips

10 kalamata olives

6 oz feta cheese

1/4 cup extra virgin olive oil

Splash of red wine vinegar or lemon juice

1/2 teaspoon oregano

salt and pepper, to taste

Directions

- 1. Add all veggies and olives to a bowl.
- 2. Top with feta cheese, olive oil, lemon juice (or vinegar), and oregano. Salt and pepper, to taste.

