WELL AWARE



Red Bliss Potato Salad with Artichokes

by Bill Bradley, Registered Dietitian and Cookbook Author

Ingredients

- 2 lbs. red bliss potatoes
- 1 can artichoke hearts, drained
- 1/2 cup extra virgin olive oil
- 1/2 onion, sliced
- Juice of 2 lemons
- 2 tsp dijon mustard
- 1 clove garlic, minced
- 1/2 bunch dill, chopped
- 4 Tablespoons capers
- salt and freshly cracked black pepper, to taste

Directions

- Roast the potatoes at 400 degrees F with a drizzle of olive oil (potatoes should be coated with oil) and some salt for 40 minutes or until soft. Leave them aside to cool enough where you can handle them.
- 2. Once cool enough to handle, but still warm on the inside, cut in quarters and put in a serving bowl.
- 3. Add the rest of the ingredients and toss well.
- 4. Serve warm or cold.

