## **WELL AWARE**



## Walking in Massachusetts

## Tidmarsh Wildlife Sanctuary, Plymouth

**Special tips for this location:** Parking is at 60 Beaver Dam Road in Plymouth, Ma. This location is free to all and open daily dawn to dusk. It has 3 miles of trails and a widely accessible All Persons Trail that has parking just south of the entrance way. There are a few good picnic table spots to eat at!

**Highlights of this space include:** Tidmarsh is named one of Mass Audubon's four Coastal Resilience Centers. In the recent past, Tidmarsh was a working cranberry farm. After the property went through a massive restoration (the largest ecological freshwater restoration in the Northeast), the Mass Audubon granted it permanent protection as a wildlife sanctuary. Also to note – There are many sightings of birds and wildlife and a beautiful boardwalk!

**Hike idea:** Have a print out of the trail map and have your trail app on. The suggested hike is to go to the Restoration Way entrance, bear left at the first and second fork and follow it to the beautiful boardwalk. After the boardwalk, take a right to Forest Trail and meander down through the all persons trail. Then decide to go down and back the Volunteer Trail to see Beaver Dam Pond. Don't miss going down Farm Road Ramble trail to Madar Loop, and back to the boardwalk and to your car!

Leave all pets at home. Lace up your sneakers, hiking boots, (microspikes if icy) grab mosquito and tick spray, sunscreen if needed, dress in layers, bring a copy of the map, have your trail app ready, bring a snack and LOTS of water- ENJOY!

For more detailed information <u>click here</u>. For a trail map, <u>click here</u>.

"The earth has music for those who listen." - William Shakespear

For other walk suggestions, check out the Walking in Massachusetts site!

