

## MIIA Ladder Safety Program

### Additional Resources for Ladder Safety

**Introduction** - Most of the resources listed below are provided to guide compliance with the OSHA General Industry Standard and best practices as they relate to municipalities. There is also a resource listed below that complies with the OSHA Construction Standard 1926, which does not apply to municipalities. If you are interested in ladders in construction, there are many additional resources available on the internet.

There are many helpful resources available from Cal OSHA as well but may exceed the federal OSHA and Massachusetts DLS requirements.

**The following document sources have additional information and assistance:**

1. **On-site Consultation Program, Massachusetts Department of Labor Standards,** (508) 616-0461, [www.mass.gov/dols](http://www.mass.gov/dols)
2. **The Center for Construction Research and Training** - Ladder safety materials and resources at: Hazard Alert, <https://www.cpwr.com/wp-content/uploads/HA-Ladders.pdf>, Falls From Ladders – Risks and Prevention with links to resources (some of which are on the MIIA webpage), [HA-Ladders.pdf](#).
3. **The American Ladder Institute, Fact Sheet, Ladders 101,** <https://www.americanladderinstitute.org/page/Ladders101> - much of this information has been included in the MIIA Ladder Safety Program Work Practices. Some of their posters from the website are also available on the MIIA website.
4. **National Safety Council** - <https://www.nsc.org/home-safety/safety-topics/ladders>
5. **OSHA**
  - OSHA - General Industry, Walking/Working Surfaces - <https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.23> (1910.23(c) *Portable ladders*)
  - [eTool : Construction - Falls - Ladder Safety | Occupational Safety and Health Administration](#)
  - [OSHA pamphlet - Stairways and Ladders - A Guide to OSHA Rules](#)